



Coverage of KS1 objectives – Year A

KS1	Objective	Working towards (pupil initials)	Expected (no. of pupils)	Greater depth (pupil initials)
Autumn Term (Year A)	<p><u>Get Heart Smart (Meet Boris)</u> I can understand that many choices I make can help or hurt my own and other's hearts. I can identify sources of power (including myself). I can describe ways I can use my power in positive and negative ways. I can begin to understand my emotions. I can understand that whatever I put into my heart is what comes out. I can think of reasons why I am grateful for another person. I can make choices that keep my mind and body healthy. I can reflect on how the choices I make can help or hurt my own and other's hearts.</p> <p><u>Don't Forget to Let Love in (I am special)</u> I can let love into my heart. I can understand that there are different types of touch. I can differentiate between the truth and lies that are spoken over me or about me. I can appreciate the ways in which we are all unique. I can understand that there is a choice in spending and saving and that there is a reward that comes from saving. I can understand that there are different ways I can take care of myself every day. I can reflect on ways to let love into my heart.</p>			
Spring Term (Year A)	<p><u>Too Much Selfie isn't Healthy (I love others)</u> I can suggest ways to show love for others. I can demonstrate loving others. I can notice the people around me. I can consider ways that I can help others and recall ways that I have been helped. I can show appreciation for the people who look after me. I can work as part of a team to complete some relay races/challenges. I can understand some simple rules to keep me safe online. I can reflect on how I show love for others.</p> <p><u>Don't Rub it in, Rub it out (I am a good friend)</u> I can understand the importance of forgiveness. I can think about how my behaviour affects others and how I can make amends when I have hurt/upset someone. I can understand that forgiveness helps our hearts. I can suggest different ways to handle negative emotion. I can explore different ways to handle disappointment. I can explain how the words I use affect other people. I can reflect on ways I can erase negative emotion.</p>			



Summer Term (Year A)	<p><u>Fake is a Mistake! (I tell the truth)</u></p> <p>I can understand why I don't need to lie about myself. I can understand that being myself is always best. I can describe that what 'being see-through' is and why being 'see-through' in friendship is important. I can identify people I can talk to when I feel sad, worried or angry. I can understand that small lies can have a big impact. I can understand the importance of good oral hygiene and dental health. I can reflect on ways that Fake is a Mistake!</p> <p><u>'No Way Through' isn't True (I can do it!)</u></p> <p>I can describe situations where I get stuck and can suggest ways to persevere when I am stuck. I can keep trying when things are difficult. I can learn to differentiate between secrets I should and shouldn't keep. I can understand what to do if someone asks me to keep a secret that makes me feel uncomfortable. I can suggest ways I can have impact in my class, family and community. I can identify dreams in my heart. I can think about change, loss and the associated feelings. I can recall a time when I was stuck but found a way through.</p>			
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